



The Next Step in Suicide Prevention



MHRRG Suicide Prevention Online Training & Resources

In 2022, more than 49,000 people died by suicide in the United States. Each person's death is a tragedy for the deceased, for family members, and for any behavioral healthcare providers who may have provided care.

In an effort to meet the critical challenge of reducing these tragic deaths, the Mental Health Risk Retention Group (MHRRG) has developed a free toolkit including online training and downloadable resources for behavioral healthcare providers to help expand understanding and improve quality care for those at risk of suicide.

INCLUDED IN THE MHRRG SUICIDE PREVENTION TRAINING:

- 12 videos of varying lengths presented by Dr. Thomas Joiner, the country's preeminent expert on suicide risk assessment and prevention.
- Key information about:
 - Why People Die by Suicide
 - Characteristics & Commonalities of the Suicidal Mind
 - Evaluating / Reducing Risk & Effective Clinical Tools
 - Myths About Suicide & Alcohol Use Data
 - Means Safety & Importance of Caring Contacts
 - Cognitive Behavioral Therapy for Insomnia

ADDITIONAL DOWNLOADABLE RESOURCES:

- Risk Assessment Form / Protocol
- Risk Level Determination Decision Tree
- Risk Category Guidance
- Interpersonal Needs Questionnaire
- Acquired Capability for Suicide Scale

Continuing education credits are available for all licenses.

Access Suicide Prevention Training & Resources here: suicideprevention.mhrrg.com